

# Stanwood High School Running Start Course Equivalencies

<b>English-Everett Community College</b>		<b>English-Skagit Valley College</b>	
<b>English</b> 101,102, 103, 105, 106, 108, 109, 111, 120, 135, 173, 175, 203, 229, 233, 240, 246, 252 <b>CMST</b> 102, 204, 210, 220 <b>HUM</b> 101, 110D, 125		<b>English</b> 101,102, 103, 112, 114, 115, 220, 233, 234, 235, 236, 239, 244, 245, 246, 254, 283 <b>CMST</b> 102, 201, 210, 220	
<b>US History</b>	<b>CWP/Civics</b>	<b>Fine Art</b>	
<b>HIST</b> 146, 147, 148, or 170D (EvCC) 215D (EvCC)	<b>POLS</b> 101, 202, 204 (Political Science)	<b>Art</b> 100 and above <b>Music</b> 100 and above	<b>Drama</b> 100 and above
<b>PE</b>	<b>Math</b>	<b>CTE</b>	
PE 100 and above, Nutrition 101 and Wellness for Life	Math 100 and above, Accounting	Accounting, Allied Health Ed., Automotive Tech, Business, Business Management, Computer Information Systems, Computer Science, Criminal Justice, Culinary Arts and Hospitality Management, Dental, Diesel Power Tech, Early Childhood Ed., Environmental Conservation, Fire Protection, Geographic Info Systems, Human Services, Journalism, Manufacturing Tech., Multimedia & Interactive Tech., Nursing, Office Administration and Accounting, Welding Tech	
<b>Science</b>			
Courses 100 and above: Astronomy, Biological Science, Chemistry, Earth Science, Environmental Conservation, Geology, Natural Science, Nutrition, Physics			
<b>World Language</b>			
100 or above World Languages or replace with personal pathway requirement if career pathway does not require World Language			
<b>Community College Credit Equivalency</b>		<b>Funding Limits</b>	
5 CC credits = 1 SHS credit 4 CC credits = 0.8 SHS credit 3 CC credits = 0.6 SHS credit 2 CC credits = 0.4 SHS credit 1 CC credit = 0.2 SHS credit		0 SHS class = 0 FTE = 21 max college credits (CHECK WITH COLLEGE) 1 SHS class = 0.17 FTE (or .18 if 2nd or 7th period) = 18 max college credits 2 SHS classes = 0.34 FTE (or .35 if 2nd/7th period) = 15 max college credits 3 SHS classes = 0.51 FTE (or .52 if 2nd/7th period) = 13 max college credits 4 SHS classes = 0.68 FTE (or .69 if 2nd/7th period) = 10 max college credits 5 SHS classes = 0.85 FTE (or .86 if 2nd/7th period) = 8 max college credits 6 SHS classes = 1.00 FTE = 6 max college credits	

## To be successful in the running start program:

- See your Stanwood High School counselor well ahead of your registration date. Email your counselor ahead of time to make sure they are available to complete the RSEVF (enrollment verification form).
  - A - Em Paige Watson [pwatsonschorneck@stanwood.wednet.edu](mailto:pwatsonschorneck@stanwood.wednet.edu)
  - En-K Maren Holzinger [mholzinger@stanwood.wednet.edu](mailto:mholzinger@stanwood.wednet.edu)
  - L-Rh Tricia Tayon [tayon@stanwood.wednet.edu](mailto:tayon@stanwood.wednet.edu)
  - Ri - Z Emily Elde [eelde@stanwood.wednet.edu](mailto:eelde@stanwood.wednet.edu)
- Your high school counselor can help you understand the high school graduation requirements and which classes meet those requirements. Questions regarding your college classes, degree options, and timelines should be directed to staff at the college.
- Complete other high school requirements: testing standards (SBA Math and ELA; WCAS Science) and high school and beyond plan.
- Check the Stanwood High School website often regarding school events (senior picture, scholarship presentations, testing information).
- **Please be aware that there may be fees and other costs associated with your classes.** The Running Start Program only pays for tuition. It does not pay for class materials, lab fees, parking and other costs associated with the college.
- Understand that the college school calendar is different from the SHS calendar.
- If you participate in sports, it is your responsibility to maintain the credits/grades needed for eligibility.



Stanwood High School students are eligible to apply for **Running Start** in grades 11 and 12. This is a dual enrollment program that allows students to take classes through the colleges for high school credit.

Visit the college **Running Start** websites:

**Everett Community College:** <https://www.everettcc.edu/enrollment/hs-programs/running-start>

**Skagit Valley College:** <https://www.skagit.edu/academics/high-school-programs/running-start/>

Factors to consider while deciding if this is the right program for you:

- Qualifying for college level work - Running Start funding pays for college classes that are over the 100 level. Each college has their own process for determining placement. For math, typically students need to have done well in Algebra II to be ready for college level math (placement through Accuplacer, Smarter Balance Test, or high school transcript). For English, students need to have a good grasp of reading and writing (placement through Smarter Balance or high school transcript). Classes under the 100 level must be paid for by the family.
- Additional expenses - Running Start funding pays for tuition, but there are other costs that are the student responsibility. These include extra fees, books, and transportation/parking.
- Technology - Students use online platforms to register for classes, communicate with professors, and to access and turn in assignments. Checking college email frequently for updates is essential.
- Missing events at Stanwood High School - There are many school events like assemblies and announcements that happen during school time (example-senior class picture). Running Start students can still participate in activities and sports, but sometimes they miss information. It is important to check your SHS school email and the SHS website. Athletes must make sure they are in the right number of credits and maintain the GPA requirement for sports eligibility.
- There are different calendars/grading periods at the community college. They are on a quarter system (Fall, Winter, Spring). If students take classes at SHS and the community college they will not have a Spring Break because those fall at different times. Sometimes senior students have had to take final classes AFTER the high school graduation ceremony.

If you decide to take classes through Running Start, you will have some options.

1. Full time Running Start - you take all of your classes at the community college and you do not come to SHS for any classes.
2. One or two classes at SHS - sometimes students want to take their math class, World Language, or elective at SHS. You can take two classes at SHS and still be eligible for 15 credits per quarter.
3. Part time at the community college and part time at SHS. Sometimes students take two classes per quarter at the college and two classes each semester at SHS. Students must schedule their college classes each quarter around their class time at SHS.

Community College courses during the school year:

Fall-Mid Sept-December	Winter-January-March	Spring-April-Mid-June